

## **NON-VERBAL EXPRESSION OF RESPECT IN ENGLISH AND UZBEK**

*Annotation: This article gives information about non-verbal expressions of respect in English and Uzbek. Studying these expressions gives a chance to understand and compare english speaking countries non-verbal language with ours. Cause they are differ from one to another. To know non-verbal expressions gives a chance to understand people's ideas much more clearly.*

**Key-words:** respect, expression, non-verbal communication, culture, difference.

### **Introduction.**

Nonverbal communication, we can call it as manual language also, means the process of sending and receiving messages without words. Nonverbal communication refers to the ways in which beings convey information about their emotions, needs, intentions, attitudes, and thoughts without using verbal language. Nonverbal expressions serve important functions in human social life. They include expressing emotions; conveying interpersonal attitudes like friendliness, insult, or dominance; respect or disrespect; regulating affect; regulating turn taking between people in conversation. Cultural, gender, and other group differences in nonverbal behavior have been documented as well as individual differences in usage and in the accuracy of nonverbal transmission and reception.

Nonverbal communication is expressed through nonlinguistic suggests that it's the actions or attributes of humans, together with their look, use of objects, sound, time, smell, and space, that have socially shared significance and stimulate that means in others. It includes visual/kinesic cues like facial expressions, eye movements, gestures, and body orientation; vocal/paralinguistic cues like volume, pitch, rate, and inflection; proxemic cues like area and distance; modality or smell cues; cues provided by unit communication and appearance; cues sent through color;

and chronemic or time cues. Although we tend to might send nonverbal messages deliberately or accidentally, their meaning depends on however they're understood. As the result, they fulfill metacommunicative functions, and communicate about communication, clarifying both the nature of our relationship, and the meaning of our verbal messages. In fact, researchers conclude that nonverbal cues carry approximately two-thirds of a message's communicative value. Even when used independently of words, as long as an observer derives meaning from them, nonverbal messages speak volumes. In fact, researchers conclude that nonverbal cues carry just about simple fraction of a message's communicative worth. The ability to understand to nonverbal expressions helps to open the meaning's door. In this article, we will try to give information about non-verbal expressions of respect in English and Uzbek nations.

### **Non-verbal expressions of respect in English**

There are so many nations in the world. Their traditions, societies and their rules also make difference from one to another. In this article we will try to give you brief information about English and Uzbek non-verbal expressions of respect. So, let's begin with English. So what is respect in english speaking country? Actually what does it mean ? Respect is a feeling of admiration, regard or action towards someone. It conveys a sense of admiration for good or valuable qualities. And it is also acting politely with someone. We show our respect to people not only with our words but with our gestures, facial expressions also.

English people tend to be respectful towards foreigners. Hence we should know about their non-verbal respect expressions too And now we will talk about how to show our respect with non-verbal expressions in the UK.

### **GREET WITH HANDSHAKE.**

British people tend to look very strict and common, but actually ther are friendly and helpful to foreigners. The first step to interact with them is usually a handshake. Nevertheless, you should be careful. Cause British people alue personal space very much. Therefore, hugging or kissing on the chick might make them uncomfortable.

## **DO NOT EXAGGERATE YOUR BODY LANGUAGE!**

As I told above, English people do not like and feel uncomfortable when



others stand too close or touch them without permission. Personal space is very essential for them. Even though when they are getting on to the subway, people rather wait for the next train though there is some

space for people standing. So, be careful when using your non-verbal expressions, try to avoid so big and gestures and overstated body language.

### **TRY TO SMILE**

Try to smile but not laugh without any reason. In my view, being positive person is very helpful way to avoid some mistakes everywhere.

### **Now it is time to speak about USA.**

Here are some ways to show your respect with your non-verbal expressions in the United States. These suggestions will help you to be respectful and polite to Americans.

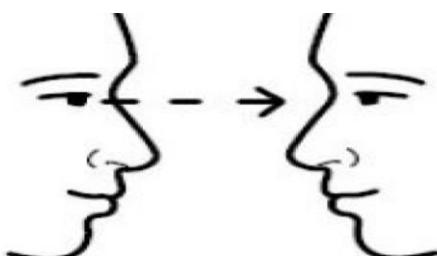


### **EYE CONTACT**

We know that eye contact is rude in some cultures, but not in USA. However, looking at eyes when you talk is one thing you can do to adapt to life in America. Americans tend to look people at the eyes when they are talking. They might not look at your eyes during the entire conversation – just some parts of it. If someone talks to you and you will not look at them in the eyes, they may think you are trying to hide something or being secretive.

### **DO NOT SHAKE HANDS IF YOU DO NOT FEEL**

**COMFORT  
ABLE**



Most Americans will shake hands. If your religion or social rules deny shaking hands and therefore you feel uncomfortable, you can always put your hands together and lean your head forward. With the help of this action, you can tell them politely that you do not want to shake hands. Some of them will be very surprised if you do not want to shake hands, however it is okay. You do not have to do things that make you feel uncomfortable.

### **Cover your mouth when your burp or cough, sneeze**

Americans think that making bodily noises in front of other people is impolite. They try not to pass gas, burp, or make other bodily noises in public or in front of people they do not know well. Some people will excuse themselves to the bathroom if they need to burp. If you do burp, it is polite to say, "Excuse me."

We gave some information about respect expressions in the UK and the USA. I think they will help you when you are abroad.

And now we will look at our expressions of respect.

Let's take a look for uzbek respect expressions.

### **Non-verbal expressions of respect in Uzbek**

We are muslim country, so respect is used widely in our society. We show our honour to older or younger generation not only with our words but also with non-verbal expressions also. According to uzbek tradition, **looking at the eyes** is the sign of disrespect, especially at your father or older people. We should not look at their eyes. While speaking with them, we should look at the ground or look at their eyes but not strictly and right.

In all muslim countries woman and man should not shake their hands, whereas it is norm to **shake hands** woman with man in Europe.



In our country new brides show the best examples of respect expressions. Cause they always smile and tries to be positive to everyone. They gives “kelin salom” to everybody (it is the action of bending in front of other person). Kelin salom also the sign of honour and esteem

**Crossing the men's road.** Uzbek woman gives a chance to pass the road to the man, cause crossing the man's road is the sign of disrespect.

The most usable non-verbal expression of respect in Uzbekistan is **to put one's right hand on one's chest**. It means so many thing: you are welcome, greeting, thanks, respect and etc. There are a lot of non-verbal expressions in the world but we tried to give brief information about them.

## **Conclusion**

Non-verbal communication is unseparable part of any language. Cause we use a number of gestures, facial expressions, mimics during our speech. We use them deliberately or accidentally to emphasize our feeling and emotions. So studying and understanding non-verbal expressions opens the door to understand people's ideas much more clearly. There are so many non-verbal expressions of respect, however we tried to give brief information about them.

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